

**MAYFLOWER MUNICIPAL HEALTH GROUP  
DRAFT MINUTES OF GENERAL MEETING  
June 20, 2019 9:00 A.M.  
Lakeside Villa  
550 Monponsett Street  
Halifax, MA. 02338.**

Attendees:

Michael Levy, Chairman of General Board -Town of Bridgewater  
Ray Ledoux, Brockton Area Transit  
Scott Alfonse, Greater New Bedford RRMD  
Pamela Adduci, Town of Halifax  
Linda Cole, Town of Halifax  
Lincoln Heineman, Town of Hanover  
Jeanne Sullivan, Town of Hanson  
Michael Buckley, Town of Hull  
Tina Betti, Town of Kingston  
Michael Maresco, Town of Marshfield  
Danielle Kerrigan, Town of Marshfield  
Frank Hegarty, Norfolk County  
Michelle Labadini, Norfolk County  
Michael Laliberte, North River Collaborative  
Marcine Fernandes, Onset Fire District  
Mary McCoy, Onset Fire District  
Kathleen McCarthy, Town of Pembroke  
Sandra Wright, Plymouth County  
Frank Basler, Plymouth County  
Bill Farmer, Plymouth County Retirement Association  
David Sullivan, Plymouth County Retirement Association  
Cindy Mello, Town of Rochester  
Christine Healy, Silver Lake Regional  
Rick Reino, South Shore Educational Collaborative  
Laurie Croke, South Shore Regional Emergency Communications Center  
Aaron Smith, South Shore Regional Emergency Communications Center  
Kristen Sniezek, SRTA  
Derek Sullivan, Town of Wareham  
Wendy Lemieux, Wareham Fire District  
Scott Golder, Town of West Bridgewater  
Maureen Adams, Town of West Bridgewater  
Frank Lynam, Town of Whitman  
Mary Beth Carter, Town of Whitman  
Christine Suckow, Whitman-Hanson Regional School District  
Mary Jo Lipson, Whitman-Hanson Regional School District  
Lisa Green, Town of Whitman  
Kevin Powell, Plymouth County Retiree  
Thomas J. O'Brien, MMHG Treasurer  
Sheila Avery, MMHG  
Kelly Morse Perez, MMHG  
Kate Sharry, Gallagher Benefits Solutions  
Tanya Chakmakian, Blue Cross Blue Shield of Massachusetts  
Bill Hickey, Harvard Pilgrim Health Care  
John Sciara, Professional Fire Fighters of Massachusetts  
Joyce Lewis, MMHG  
Kevin Feeley, MMHG Legal Counsel  
Nicole Bonami, MMHG Wellness Committee Vice-chair  
Hank Naughton, Napoli Shkolnik PLLC

Chairman Levy called the meeting to order at 9:04 a.m. with a quorum present.

1. **Mindful Moment with Nicole Bonomi**

Nicole introduced herself and spoke about the benefits of mindfulness. She said the most powerful tool we can use is breathing. She led the attendees in a mindful moment of meditation.

2. **Accept Meeting Minutes**

MOTION: Lynam made a motion to accept the March 11, 2019 meeting minutes.

SECOND: Hegarty

VOTE: Unanimous

3. **MMHG Wellness Review**

Avery reviewed her handout including FY19 wellness accomplishments and FY20 goals.

She said MMHG Wellness had 150 worksite seminars/exercise programs. She stated we introduced lunch and learn webinars which have been very successful as participants can participate online and also watch a recording anytime. She stated MMHG had an increase in wellness grant program participation and explained the new process for the FY20 wellness grants. She stated MMHG had 384 members participate in the online wellness challenges using the new platform provided by Wellable.

Avery reviewed upcoming FY20 goals for the wellness program. She stated MMHG is updating their website with a goal to make it more interactive for wellness coordinators. She said the wellness newsletter will be redesigned as well.

Avery stated she will be sending out the yearly wellness participation agreement and asked member units to sign and return them by August 1<sup>st</sup>.

Avery spoke about the Massachusetts food is medicine plan. She said she is looking forward to embracing the concept and is hoping to expand MMHG offerings.

Avery concluded by thanking the Board members and especially the Steering Committee for their support of the Wellness program.

Avery introduced Maureen Adams, Chairwoman, MMHG Wellness Committee.

Adams gave a history of the Wellness program and spoke about the importance of wellness moving from reactive to proactive. She gave an overview of the growth of the Wellness program and current initiatives.

Adams said her first wellness program was a skin cancer screening and prevention seminar. She said the program was successful and well attended. She stated she received a phone call a few weeks later from one of the attendees thanking her for the seminar because she had a cancerous mole that was discovered. Adams said it was in that moment she came to appreciate the power of the wellness program. She said it propelled her forward in the wellness program and she created a more hands on approach.

Adams congratulated the member units that offered wellness programs during the workday. She asked every member unit to participate in the wellness program as well as offer programs during the workday as it is so important to the MMHG subscribers and members.

Adams asked the Board if there were any stories they would like to share.

Mello said they also had a skin cancer screening and three people were identified as having precancerous or cancerous moles.

Maresco said the wellness program has been a morale booster in Marshfield. He said they offer different programs at different times which seem to be working out well.

Adams thanked everyone for supporting the wellness program.

4. **Treasurer's Report & Audit Update**

Treasurer O'Brien said the MMHG have new offices at Cordage Park in Plymouth. He said the office is now in the back of Cordage Park. He thanked the Steering Committee and staff for the smooth transition.

Treasurer O'Brien thanked the Finance Committee for meeting more often this year as they changed investment portfolio managers and developed a fund reserve balance guideline.

Treasurer O'Brien said the financial report is part of the handouts and we have \$6,770,386.68 in net revenue for FY19, through May 31, 2019. He said we have \$22,809,581.99 fund balance as of May 31, 2019. He said we are fiscally responsible and are in a good position for FY20.

5. **Gallagher Update- Funding Analysis (claims paid through May, 2019)**

Sharry reviewed her handout on the funding analysis with claims paid through May, 2019. She said we have 92.4% loss ratio for the active plans with a little over \$6 million surplus. She stated last year at this time we had \$5.4 million in funding surplus. She stated we have 95.7% loss ratio for retiree plans with \$274.756 surplus. She stated we are continuing to trend in a positive direction.

Sharry reviewed page 10 for stop loss and said we have 3 high cost claimants with claims in excess of \$300,000.

Sharry said her reports are emailed monthly and encouraged member units to call her with any questions. She reminded the Board that she is available to meet with member units and review the report in detail.

Sharry said MMHG will be offering the High Deductible Health Plans beginning July 1, 2019. She said members are responsible for deductibles and copays. She stated the insurance carriers have specific lists of prescription drugs that are only subject to a copay and no deductible which will help members with these costs.

Sharry said at the last few Steering Committee meetings we have heard presentations regarding filing an opioid tort lawsuit. She said Napoli Shkolnik law firm is located in New York and has a very good record. She introduced Hank Naughton to review the tort lawsuit.

6. **Opioid Tort Lawsuit**

Naughton said he first wanted to compliment the Board on their commitment to wellness and the care they have for their employees.

Naughton said the MMHG has engaged Napoli Shkolnik to file suit against the pharmaceutical manufacturers and distributors in response to the opioid crisis. He said this is national litigation that is currently underway in Cleveland, Ohio. He said there are now 24,000 entities that have filed suit against the manufacturers and distributors. He said they

have reports of initial estimated MMHG damages of \$646,000. He said the suit should be filed next week.

Treasurer O'Brien asked what is the cost to MMHG. Naughton said there is no cost to the group up front. Naughton said their firm would charge 30% of any settlement that comes to MMHG.

Derek Sullivan asked if municipalities are still able to file their own lawsuits and Naughton said yes.

7. **Election- Steering Committee**

Chairman Levy said all current Steering Committee elected members are seeking re-election. He named the current members and they stood up to be recognized.

William Farmer, Plymouth County Retirement Association  
Ray Ledoux, Administrator, Brockton Area Transit Authority  
Michael Levy, Town of Bridgewater  
Frank Lynam, Administrator, Town of Whitman  
Christine Suckow, Executive Director, Whitman-Hanson Regional School District  
Derek Sullivan, Administrator, Town of Wareham

Chairman Levy recognized the appointed members of the Steering Committee as follows.

John Sciara, Professional Firefighters of Massachusetts  
Jason Leto, Mass Teachers Association  
Kevin Powell, Plymouth County retiree representative

He asked if there were any nominations from the floor- hearing and seeing none he would accept a motion to elect the six current members.

MOTION: Hegarty made a motion to elect the current six elected members to the Steering Committee for FY20.

SECOND: Buckley

VOTE: Unanimous

8. **Election- Finance Committee**

Chairman Levy said all current Finance Committee elected members are seeking re-election. He named the current members and they stood up to be recognized.

Michael Buckley, Accountant, Town of Hull  
Lincoln Heineman, Finance Director, Town of Hanover  
Jeanne Sullivan, Treasurer/Collector, Town of Hanson

Chairman Levy asked if there were any nominations from the floor-hearing and seeing none he stated he would accept a motion to elect the three current Finance Committee members.

MOTION: Hegarty made a motion to elect the current three members to the Finance Committee for FY20.

SECOND: Wright

VOTE: Unanimous

9. **Election- Chairman**

MOTION: Lynam made a motion to appoint Michael Levy as Chairman of the Mayflower Municipal Health Group for FY20.

SECOND: Ledoux

VOTE: Unanimous

10. **Election- Treasurer**

MOTION: Lynam made a motion to nominate Thomas J. O'Brien as the Treasurer of the Mayflower Municipal Health Group for FY20.

SECOND: Derek Sullivan

VOTE: Unanimous

11. **Any other business**

Chairman Levy asked if there was any other business and nothing was brought forward.

Lynam motioned to adjourn at 10:30 a.m., seconded by Wright and voted unanimously.

Respectfully submitted,

Sheila Avery

**Reference documents for this meeting:**

1) Gallagher's funding analysis, dated June 19, 2019 (claims paid through May 31, 2019)

2) Treasurer's Operating Statement and Statement of New Assets, dated May 31, 2019

3) MMHG FY19 Wellness review